

JULY 11, 2010

This insert may be taken home.

Today at Christ

9:30 am— Worship
10:30 am— Blood Pressure Screening—Office Lobby
Nursery available from 9:00 a.m.—12:00 p.m.

This Week at Christ

MON. Jul 12 5:00 pm Gentle Yoga—Lounge
6:30 pm Yoga Class—Lounge
TUE. Jul 13 8:00 am Renovaré—Lounge
11:00 am Staff Meeting—Library
THU. Jul 15 1:00 pm Liturgy Collators—Lounge
5:30 pm Christian Education—Lounge
WED. Jul 14 1:00 pm Memorial Service for
Muriel Swenson—Sanctuary
FRI. Jul 16 11:30 am Our Daily Bread—GFH
5:30 pm Hendrickson/Pettus Wedding
Rehearsal—Sanctuary
SAT. Jul 17 4:00 pm Hendrickson/Pettus Wedding
—Sanctuary
SUN. Jul 18 9:30 am Worship
GFH=Garman Fellowship Hall

Flowers

Flowers are given today to the Glory of God.

In Our Prayers

Please take home & pray for these people during the week.

Jack Bamback	Jennifer Buckner
Katrina Clark	John T. Douglas
Linda Ellison	Virginia Espeland
Lillian Foster	Fred Harsen
Griffin Hayward	John Jennison
Maria Leal	Bob Nagler
Dennis Mar	Virginia Moore
Helen Stokowski	Edith Stromstedt
Debra Waste	Denny Yost
Joan Yost	Deborah Young

*All seminary students and especially for Jennifer Krushas
& Chris Higuera-Street.*

*Those in the Armed Services, Stephen Ministers
and the Homebound.*



CHRIST LUTHERAN CHURCH
4761 CASS STREET, SAN DIEGO, CA 92109
TELEPHONE: (858) 483-2300
Fax: (858) 483-5777 E-mail: clcsd@christpb.org
Web: www.christpb.org
Sunday Worship Times: 9:30 am

Staff

Christ Lutheran Church

The People of Christ	Ministers
Rev. Richard Rollefson	Lead Pastor
Paula Paige Mowbray	Director of Music
Candace Springer	Office Administrator
Sabrina Stern	Business Manager
Christine Higuera-Street	Interim Coordinator of Visitation
John Jay Owens	Campus Coordinator

Open Door Books

858-270-8642

ANNOUNCEMENTS

Attention singers of ALL ages! Come and share your gift of music and enjoy fun and fellowship by singing in Summer Choir. Rehearsals are Sunday morning **at 8:30 a.m.** in the choir room. Refreshments will be served.

Blood Pressure Screening: Today in the church office lobby. Stop by after worship. Health ministries is assisted by Ron Reinsch. Pick up information about health resources also.

Memorial Service for Muriel Swenson will be held on Wednesday, July 14 at 1:00 p.m. here at Christ Lutheran.

Music Notes from Paula's Desk: Please feel free to speak with me about your ideas for music ministry at Christ Lutheran. My e-mail address is paula@christpb.org, phone # in the office is 858-483-2300 ex. 231 or speak to me in person. I have placed a hymn request box in the narthex and sheet of paper for you to write down your favorite hymn(s). I will do my best to incorporate requested hymns at appropriate times during our services in the upcoming weeks and months.

Green Leaf Tip: A Del Mar restaurant that sources local fresh vegetables: Market. Chef Carl Schroeder (yes, this is Bob Schroeder's son) and his crew serve fabulous food. 3702 Via De La Valle, Del Mar, CA 92014.

Beach Camp is HERE! If you remember going to camp or sending your children, you know the memories and friendship you make. You are invited to join them in an activity, a meal or evening worship. Beach Camp is also in need of surfboards and other recreational beach equipment in new or good condition. Please feel free to contact Eric Howard, Beach Camp Director at eric155@gmail.com or the church office.

Name the Room contest: We are looking for a new name for the classroom that has been lovingly known as the "yellow" room. It originally got its name when we had a preschool here. Now that it has been renovated we would like to give it a new name. Put your suggestion in the box located in the narthex.

Nursery Available: We welcome children at worship, but if you prefer, you may take your infant or toddler to our nursery. Pagers are available for parents' "peace of mind." The nursery is available from 9:00—11:45 a.m.

Mark your calendars for Tuesday, July 27th at 7pm. We will have the pleasure of hosting a spectacular choir concert by the South End Wales Children's Choirs and the Pacific Harmony Men's Barbershop Group. Also during the evening concert we will all sing an arrangement of the hymn "How Great Thou Art" written and directed by Paula Mowbray. A free-will offering will be taken.

CCSA Current Needs: Our church is accepting donations for our needy neighbors: family and individual sized hygiene products, including shampoo, soap, tooth paste/brush, razor, and sunscreen. Please put your donation in the CCSA box in the narthex or drop off in the church office. Thank you!

ELCA Malaria Project: This past summer, the ELCA Church-wide Assembly affirmed support for the Malaria Initiative. The initiative includes educating Lutherans about malaria, advocating for global health initiatives and raising funds to combat malaria. Help Christ Lutheran to raise \$5,500 to purchase one mosquito net for each confirmed member. Pick up an envelope at the display in the narthex today.

Veterans Appreciation Event: Hosted by the La Jolla Gateway Team (Jonathan Doering, Matthew Molstre, Jeffrey Crane and Christopher Fenimore) **Sunday, July 25, 2010** from 2:30-5:00pm at USS Midway Museum- Flight Deck Bow, 910 N. Harbor Drive, San Diego, CA 92101. All active or retired military, Thrivent members and guests are invited to attend. Adults 18 years and up only. Seating is limited and on a first come basis. **Event Details:** Free Admission to the USS Midway Museum, Flight Deck Bow, Light fare and refreshments, Musical guest and much more! **Self Parking**— ACE Navy Pier parking lot available at \$10 per car for 4 hours. **Reservations** are limited, please respond before July 19 to Monique at 877-593-1195 or email at monique.joulet@thrivent.com.

Daily Bible Readings:

These readings are related to the Lectionary readings for this Sunday. Try to take time each day to read the assigned Bible passage.

Sunday	Luke 10:1-11,16-20	Jesus sends out the Seventy-Two
Monday	Isaiah 55:10-13	God's word will succeed
Tuesday	Matthew 13:1-9,18-23	Parable of the Sower
Wednesday	Romans 10:13-18	Proclamation of the message
Thursday	John 4:31-38	Fields ripe for harvest
Friday	Acts 13:1-12	Saul and Barnabas sent out
Saturday	Psalms 108	With God there is victory
Sunday	Luke 10:25-37	The good Samaritan

Scripture Verse for the Week:

He answered, " 'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind'; and, 'Love your neighbor as yourself.' " – Luke 10:27 (TNIV)

- Cut out & carry with you.
- Say at each mealtime.
- Read at bedtime.
- Commit to memory.

Prayer for this Week:

Lord God, help me to see the needs of others and to be a loving neighbor to them. Amen. (Luke 10:36-37)

For Throughout the Day:

"Guide me in your truth, and teach me, my God, my Savior. I trust you all day long." (Psalm 25:5)

A Blessing to Share:

May God produce good fruit in you. May you learn to know God better and better. Amen. (Colossians 1:10)

Mealtime Refrain:

Lord, show us your paths:
And teach us to follow. (Psalm 25:4)

Mealtime Prayer:

*God so good, your praises we shout!
Give us love for those without. Amen.*



Faith Talk:

Discuss in your household or small group:

- Share about a time when someone else was kind to you.
- In Jesus' parable, the Good Samaritan went out of his way to help the man who had been robbed. What would you have done if you saw the hurt man on the road? How is God like the "Good Samaritan" in the way he treats us?
- Who do you know that needs some help? What could you do to be a "good neighbor" to them?

Devotional Practices:

Speaking through Moses, God told the people of Israel that his word was in their mouths and in their hearts so that would obey it (Deuteronomy 30:14). In your home devotion times this week, try to memorize (i.e. place in your mouths and hearts) what Jesus called the two greatest commandments: **Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and love your neighbour as yourself.** (Luke 10:27)

Service:

Plan a surprise act of service for a neighbor e.g. bake them some treats; clean their garden or mow their lawn; wash their car.

Rituals and Traditions:

Give out "Good Samaritan" awards in your home this week (e.g. small treats or coupons). When you gather as a household, share ways in which you have seen household members act as "good neighbors" to one another or people outside your home. Reward household members accordingly.

Parent Toolbox: **Developing Compassion in Children**

Compassion, or empathy, means identifying with and being concerned about other people's feelings and needs. It makes us aware of the suffering of others, and allows us to empathize with them or to feel their suffering as our own. Developing a sense of compassion in our children helps to guide their actions and behaviors in positive ways. We do so by helping our children to think about how others feel. For example, if your child says or does something hurtful to another child, help them to focus their attention on the other's feelings e.g. ask "How do you think they feel? Would you like to feel like that?" Second, we help children develop compassion by encouraging acts of caring and kindness towards others. Involve your children in showing care toward others, such as doing errands for sick neighbors or opening doors for others. Third, we promote compassion by teaching our children to be open to differences they see in others (e.g. people of different cultures or backgrounds), to give others the benefit of the doubt, and to explain the actions of others in the kindest ways.

