

# The Good News

*We are dedicated to sharing God's unconditional love and to telling the story of Jesus to all.*

Christ Lutheran Church  
4761 Cass Street  
San Diego CA 92109  
(858) 483-2300

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**November 2011**  
**Volume 65, Number 11**

**Sunday Morning**  
Worship Celebrations  
8:30 a.m. & 11:00 a.m.

Christian Education  
9:45 a.m.

**Monday**  
Souper Seniors Lunch  
12:00 noon  
Lounge

**Wednesday**  
Feather Kids  
4 p.m. Music & Movement  
5 p.m. Music

**Thursday**  
12 noon Handbells  
7 p.m. Choir

**Friday**  
11:30 a.m. Our Daily Bread

## The Real Season of Gift-Giving is Here

Guests at CLC's Pacific Beach Annual Community Thanksgiving Dinner often bring along small items to give to volunteers as an expression of appreciation. Sometimes it's a flower or a note of thanks. The most memorable and meaningful one ever given to me is shown here. About ten years ago, a guest who looked like he had been through some struggles beckoned me to his side as he ate dinner, took a fossilized shell out of his pocket and held it



up to my eyes. "You know," he said, "This thing is thousands of years old." "Yes," I said. "It's beautiful." "And you know," he continued, "our lives last only about a minute, really." "Yes," I said, "you're right." "Today," he said, "my life was better because I came here. So, thanks." And he handed me the shell. Since that day, the shell has rested on my writing

desk; it's at my fingertips as I write this.

I should have shared this story with the CLC community long before now, because it expresses so clearly the simple reasons why we do this every year. Sharing Thanksgiving with the neighbors around us enriches all our lives and sharpens our senses to the greatest and smallest of blessings we meet day by day. All in the CLC Community are invited to join again this year in preparation of the Dinner and serving it on November 24. Watch for full details at church on the Sundays in November. The 2011 Turkey Team will welcome your contributions of food items from our sign-up lists, volunteered time and skills, or cash.

Jackie Hanson, for Jo Ann Longerbone, Cristine Holmer  
Cyndi Rollefson, Mary Swenson, John Jay Owens, and John Wheeler

**Community Thanksgiving Dinner**  
Thursday, November 24  
12:00 noon—3:00 p.m.

Christ Lutheran Church  
Garman Hall



## A Note from the Pastor . . .

Although this is just the beginning of November, soon it will be Thanksgiving. The movement of the seasons from spring planting through summer growth finds its fulfillment in the autumn harvest. Some might say it is simply the result of natural processes without reference to something larger at work. But for others – many others – the ordered rhythms of the seasons, the miraculous journey from seed to fruit, and the abundance of the harvest give rise to gratitude to the Creator.

There is no proving the correctness of one response over the other, but there is a difference in the way of life they each give rise to. Someone once said that religious people are not better or more moral than anyone else, the only difference is that they know to whom to give thanks. The practice of giving thanks becomes the foundation for a life of gratitude.

In this season of thanksgiving we can be reminded that another name for the meal we share as a community of faith that we call “Holy Communion” – the meal of remembrance, healing forgiveness and new life – is “the eucharist,” a word meaning “thanksgiving.” It is the foundation and the fulfillment of the life of faith.

Peace,



Pastor Richard



**Deadline for the December Issue is November 21.** Articles can be faxed 858-483-5777, left in the church office, or E-mailed to [clcsd@christpb.org](mailto:clcsd@christpb.org). Office hours: Monday-Thursday, 9:00-4:00 p.m.; Friday, 9:00—12:00 p.m. The Good News is published monthly by Christ Lutheran Church, 4761 Cass St., San Diego, CA 92109, 858-483-2300.

## Caring Ministry Connections

As November approaches we always take a little time to think about what we are thankful for. I am thankful for a church family that acts like we are God's hands and feet in the world.

- A place where church members welcome the neighborhood to join us in building a community garden and community spirit.
- A place where neighbors at Luther View gather together to visit and assure those who are scared during the power outage.
- A place where volunteers roll up their sleeves to clean, dust, oil and paint the facility on a Saturday.
- A place where caring folks make friendly visits to those who are hospitalized or homebound. Keeping people connected is a special blessing.
- A place where nursing students come to put on a health fair and give out flu shots.
- A place where neighborhood group leaders work to create gatherings where neighbors can grow in friendship and love.
- A place where the children of the church take caring gifts to Luther View residents.
- A place where a giant Thanksgiving Dinner is served.

All these things and so many more are the reasons for being a congregation. Let's stay connected and reach out in love to others too.

In His Love,

Taflin Fisher,  
Coordinator of Caring Ministries



Mary Christian Heising ready for Halloween at the Souper Senior lunch on October 24.

## Remembering the Saints

For our All Saints Day Worship on **November 6**, we will have several ways for all of us to remember and give thanks for the saints. In the narthex before worship, there will be a "Book of Life" in which you are invited to write the names of loved ones who have died in the past year; these names will be read during the prayers. This year, you are also invited to bring a picture or small memento of a deceased loved one (not limited to those who have died this year) to be placed on or near the altar. As in past years there will also be a time during the prayers to light a candle in memory of loved ones.



On the first Sunday of Advent, **November 27**, we will be moving to a worship schedule of one service at 9:30 a.m. We will celebrate a special Advent worship, "Stir Us Up," aimed at kids of all ages which is based on the "stir up" prayers of Advent and involves preparing a Christmas Fruitcake. Following our worship on this day, you are invited to join in a "Hanging of the Greens," to decorate our sanctuary for the Advent and Christmas seasons. Some special treats will be served as well.

## Adult Forums

### November 6

End of Life Issues: Taflin Fisher and Pr. Richard  
Our discussion will involve making preparations for death and will include resources on Advanced Directives and the "Five Wishes" Living Will Resource in helping our loved ones.

**November 13 & 20** The Gospel of Mark; a quick survey of the major themes and perspectives of the Gospel According to Mark, the assigned Gospel for Lectionary Year B, which begins in Advent.

**November 27** Thanksgiving Weekend – no forum

## Bible Readings



### November 6

Revelations 7:9-17  
Psalm 34:1-10, 22  
1 John 3:1-3  
Matthew 23:1-12

### November 13

Zephaniah 1:7, 12-18  
Psalm 90:1-8, 12  
1 Thessalonians 5:1-11  
Matthew 25:14-30

### November 20

Ezekiel 34:11-16, 20-24  
Psalm 95:1-7a  
Ephesians 1:15-223  
Matthew 25:31-46

### Advent

### November 27

Isaiah 64:1-9  
Psalm 80:1-7, 17-19  
1 Corinthians 1:3-9  
Mark 13:24-37



## During Advent

**Beginning  
Sunday, November 27  
Christian Education at  
8:30 a.m.**

**Worship at 9:30 a.m.**



## Souper Seniors

Monday Soup Lunches for Luther View and Christ Lutheran Seniors are held on Mondays at 12 noon in the Lounge. Suggested donation \$2.

## Community Christian Service Agency

Thank you for your recent donations! Please keep an eye on the Sunday bulletins and Friday e-mails for current needs, Community Food Drive, and Christmas Adopt-a-Family programs.

An easy way for you Costco members to help out - is to use their coupons for CCSA needs. Current coupons (expiring on November 6<sup>th</sup>) include hand soap, toothbrush, toothpaste, and deodorant.

*If in any of the towns in the land that the Lord your God is giving you there are Israelites in need, then do not be selfish and refuse to help them. Instead, be generous and lend them as much as they need.*

Deuteronomy 15:7-8



Brian Brown  
Rene Brown  
Katrina Clark  
Maynard Corso  
Douglas Ellison  
John Ellison  
Linda Ellison  
Ernie Fackelman  
Dorothy Fortney  
Jacqueline Freihofer  
Jay Huges  
Helen Hess  
Ann Karnofel  
Elaine Leisk  
Michelle Matson  
Cindy Nobel  
Ralph Patrick  
Mildred Reed  
Doris Rempp  
Richard Rempp  
Ralph Schuler  
Cheryl Simpkins  
Terry Swan  
Rick Wuerl  
Deborah Young

*Don & Ione Skaar on the death of their daughter, Kimberly Skaar.*

*All seminary students, especially for Jennifer Krushas & Christine Higuera-Street*

*Our Stephen Ministers*

*Those in the Armed Services and the Homebound*



If you would like yourself or someone you love to be placed on our Prayer List, please call the church office. They will ask you the person's name and how long you wish for them to be on the list.

## Council President Note

Hello,

In this time of Stewardship I want to extend a sincere Thank You for your contributions over the last year to Christ Lutheran. Looking back at the ministry and fellowship we've been able to do together, I feel privileged to be a part of it.

A motion was made and passed at the last Council meeting to have one Sunday service for the holiday season. Beginning with the first Sunday of Advent, November 27<sup>th</sup> we will have a 9:30 a.m. service. The Christian Education time will be at 8:30 a.m.. Any fellowship activities such as tamale and lefsa making (Dec. 4<sup>th</sup>) will be after the 9:30 a.m. service.

This motion was made and passed due to numerous requests from "you." We are not "set" on the one service going past the holiday season. We would like to hear from you. Please use either the blue or yellow cards that are in the pews to let us know your thoughts.

May the Season of Thanks Giving be with you!

Respectfully,  
Cristine  
Council President

## Music Ministry Notes

**The Worship and Arts Committee** will meet on Thursday, November 10<sup>th</sup> at 6 p.m. in the Choir Room. Come help plan for the upcoming Advent and Christmas season.

**Sunday Feather Kids** meet each Sunday at 9:45-10:15 a.m. in Rm 5. This music and movement class is for infants to age 4 with parent or caregiver. Come sing, dance, play and get to know other kids and parents.

### Staff

Rev. Richard Rollefson, *Lead Pastor*  
Paula Mowbray, *Director of Music*  
Candace Springer, *Office Administrator*  
Sabrina Stern, *Business Manager*  
Taffin Fisher, *Coor. of Caring Ministries*  
John Jay Owens, *Campus Coordinator*

## Stewardship

<u>Jan 1 to Oct. 15</u>	<u>General</u>	<u>Renovation</u>
Income YTD	\$ 427,050	\$ 7,572
Expense YTD	\$ 496,195	\$ 904
Cash Flow	\$ - 69,145	\$ 6,668
<b><u>Capital Campaign</u></b>		
Pledged (Three years)		\$ 829,387
Received (2007 - 2011)		\$ 803,253
Expenditures to Date (2007- 2011)		\$ 820,819

### Attendance:

Sept. 18 = 89      Sept. 25 = 98      Oct. 2 = 98  
Oct. 9 = 107

If you attended the Congregational Update in September, you know that we received a generous bequest from a Mission Partner. This money is a true blessing. There are so many deferred maintenance projects around CLC, we could spend these funds several times over before making a dent. The maintenance need I find the most troublesome is the roof. Both the office and Garman Hall need major repairs, and this money was like a small miracle, providing the funds needed to take care of this. I was intensely concerned about how we would find the funds for the project before the rain starts in earnest, and God provided. This happens again and again at CLC. We need, and the funds are provided. Lightning does not strike twice in the same place, however, and the \$68,000+ budget deficit is now providing me with the same if not a more urgent and intense amount of worry. I have no idea how we will close such a large gap. I must sound like a broken record, but without your help this will be a major problem come year end. Please consider making additional donations or catching up on your pledge to help us close this gap and end the year on a positive note.

Sabrina Stern, Business Manager

**Keep saving** Campbell Soup labels and Box Tops for Education that we send to the Navajo Evangelical Lutheran Mission in Rock Point, AZ. Drop them off in the box in the church office.



## Prayers & Squares (P&S) Ministry

**19 (Sat) NOVEMBER 10:00 a.m.** Please mark the 3rd SATURDAY of NOV on your calendar for our monthly CLC P&S workshop.

**THANK YOU.** Blessed are the givers...and grateful are the receivers. I am so grateful for my church family. The prayer blanket is so beautiful and comforts me daily. God Bless, Rene' Brown



**TIP:** Maintain balance when using extra-bright colors by spreading them here and there throughout the entire quilt.

**God's Pattern:** He fills our world with physical beauty to bless our souls regardless of our circumstances. His presence in our lives fills our situations with His beauty when all else is stark and arid.

### Health Fair—October 9

Thank you Azusa Pacific University



Top: Alice Krug having blood pressure checked. Left: Taflin Fisher gathering health information.

## Christ Church Women Women of the ELCA

Christ Church Women are a unit of the Pacifica Synod Women of the ELCA. We extend an open invitation to all women to join in any of our monthly functions. Call Jo Ann for information 858-274-0483 or any of the Circle Leaders.

**Nov. 5** 10:00am Joanna Circle  
Leader: Jan Stadler 858-200-7467

**Nov. 7** 1:30pm Martha Circle  
Leader: Jo Ann Longerbone 858-274-0483

**Nov. 8** Noon Mary Circle  
Leader: Millie Mealey 858-453-1170

**November 4-6:** Women of the ELCA Annual Convention. Hampton Inn – San Diego

**Dec. 3** Christ Church Women's Christmas Meeting & Luncheon.

**Women's Open Forum** will not meet in Nov. or Dec. Check in January Good News for January's date.

### November Bible Study Session 3 – "Power and Authority"

**Theme Verse:** "He said to them, 'Why are you afraid? Have you no faith?'" Mark 4:40

Continuing the reading of Mark's Gospel, this session introduces Jesus as one who teaches through parables, sermons, miracles and healings. We learn more about the identity and the power of Jesus of Nazareth, even as his travels begin to take him farther and farther from home.

**2012 ENTERTAINMENT BOOKS:** Books will be available after Services for \$40.00. This year proceeds will go to help the "Pajama Project" to buy materials to make 40 pair of pajamas for the children of Becky's Houses'. Monetary donations are also welcome. If you sew and would like to help this project, please let Jo Ann (858.274.0483) or CJ (619.276.7024) know.



## Book Group



All are invited to join the monthly gathering of the CLC Book Group, whether you have read the title for the month or not. We meet at 7:00 p.m. on the third Monday of every month (except December) at Open Door Books, where titles may be purchased. We'd love to have you join us!

### CLC Book Group Choices for 2011

**November 21: (F) Hotel on the Corner of Bitter and Sweet**, Jamie Ford, 2009. The story of Japanese internment in Seattle during World War II, told through the eyes of a Chinese-American boy, Henry Lee.

**December 2011:** No Meeting.

### 2012:

**January 16: (N-F) 1491: New Revelations of the Americas before Columbus**, Charles C. Mann, 2006. Mann debunks much of what we thought we knew about pre-Columbian America, demonstrating that sophisticated Native American cultures were flourishing before European explorers set foot in the New World.

## Interfaith Shelter

January 28 to February 11, 2012

CLC will again be hosting the Interfaith Shelter from January 28 to February 11, 2012. During those two weeks we will host up to 12 guests (singles, couples and families) who are working with a case manager to get themselves into permanent housing. The guests transfer between churches every two weeks and are able to stay for a total of eight weeks if they work on the program set up for them. During the time they are with us we provide breakfast, a sack lunch and a warm evening meal in addition to linens, toiletries and other miscellaneous items. On Sundays in January we will be signing up volunteers after church services to provide these items and help us with the project. Mary Swenson and Cindy O'Riordan are the coordinators. Please call us at the numbers below if you have questions or want to volunteer.

Mary at 858-488-7374 or Cindy at 858-459-4823

## Thanksgiving Eve Ecumenical Service

**Wednesday, November 23**

**7:00 p.m.**

St. Andrew's by the Sea Episcopal  
1050 Thomas Ave  
San Diego, CA 92019

## Rwandan Orphans Project

Some of you received our newsletter "AMAKURI" and were told about the land being purchased with a donation from a donor in Australia. This was a wonderful gift and until we receive special donations to build an orphanage the land will be used for other purposes.

Any of you with email addresses that would like to get the newsletter, send your email address to me at [jlongerbone@san.rr.com](mailto:jlongerbone@san.rr.com) and I will see that you get on our mailing list.

Watch for our table on the Patio in December for our Special Christmas cards to give gifts to ROP in your name.

### Sunday School Children Baking Bread



Left: Dominic Murray & Cyndi Rollefson mixing batter.



Above: Casey Kelly & Abey Holmer helping with bread making.



Above: Allison Wuest filling bread pans.



Christ Evangelical Lutheran Church – Pacific Beach  
The Good News November 2011  
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## Daylight Saving Time Ends Sunday, November 6

Remember to turn your clocks back  
Saturday night before you go to bed.

# November 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Christ Lutheran Church</b> 4761 Cass Street San Diego, CA 92109 Tel: 858-483-2300 FAX: 858-483-5777 E-mail: <a href="mailto:clcsd@christpb.org">clcsd@christpb.org</a> <a href="http://www.christpb.org">www.christpb.org</a>		<b>8:00 AM</b> -Renovare (Lounge) <b>9:30 AM</b> -Bible Study (Lounge) <b>6:00 PM</b> -Basketball (GFH)	<b>11:00 AM</b> -Staff Meeting with Personnel (Library) <b>4:00 PM</b> -Feather Kids Music & Movement (Rm 5) <b>5:00 PM</b> -Feather Kids Music (Rm 5) <b>6:00 PM</b> -Basketball (GFH)	<b>12:00 PM</b> -Handbells (Rm 4) <b>12:30 PM</b> -T'ai Chi (Sun Rm) <b>1:00 PM</b> -Liturgy Collators (Lounge) <b>6:00 PM</b> -Basketball (GFH) <b>6:30 PM</b> -Widowed to Widowed (Sun Room) <b>7:00 PM</b> -Choir Rehearsal (Choir Room)	<b>11:30 AM</b> -Our Daily Bread (GFH)	<b>10:00 AM</b> -Joanna Circle
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<i>All Saints Sunday</i> <b>8:30 AM</b> -Worship <b>9:30 AM</b> -Blood Pressure Screening (Church Office Lobby) <b>9:45 AM</b> -Christian Education <b>11:00 AM</b> -Worship <b>12:15 PM</b> -Confirmation	<b>12:00 PM</b> -Souper Seniors (Lounge) <b>1:30 PM</b> -Martha Circle (Canyon Villas)	<b>8:00 AM</b> -Renovaré (Lounge) <b>9:30 AM</b> -Bible Study (Lounge) <b>11:00 AM</b> -Staff Meeting (Library) <b>12:15 PM</b> -Mary Circle (Millie Mealey's Home) <b>5:30 PM</b> -Finance Committee (Library) <b>6:00 PM</b> -Basketball (GFH) <b>6:30 PM</b> -Church Council (Lounge)	<b>4:00 PM</b> -Feather Kids Music & Movement (Rm 5) <b>5:00 PM</b> -Feather Kids Music (Rm 5) <b>6:00 PM</b> -Basketball (GFH) <b>7:00 PM</b> -Interfaith Shelter Meeting (Lounge)	<b>12:00 PM</b> -Handbells (Rm 4) <b>12:30 PM</b> -T'ai Chi (Sun Rm) <b>1:00 PM</b> -Liturgy Collators (Lounge) <b>6:00 PM</b> -Basketball (GFH) <b>6:30 PM</b> -Widowed to Widowed (Sun Room) <b>7:00 PM</b> -Choir Rehearsal (Choir Room)	<b>11:30 AM</b> -Our Daily Bread (GFH) 	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>8:30 AM</b> -Worship <b>9:45 AM</b> -Christian Education <b>11:00 AM</b> -Worship <b>12:00 PM</b> -Christian Education Committee (Library) <b>3:00 PM</b> -Poetry Reading (Chapel)	<b>12:00 PM</b> -Souper Seniors (Lounge)	<b>8:00 AM</b> -Renovaré (Lounge) <b>9:30 AM</b> -Bible Study (Lounge) <b>11:00 AM</b> -Staff Meeting (Library) <b>5:30 PM</b> -Basketball (GFH)	<b>4:00 PM</b> -Feather Kids Music & Movement (Rm 5) <b>5:00 PM</b> -Feather Kids Music (Rm 5) <b>5:30 PM</b> -Basketball (GFH)	<b>12:00 PM</b> -Handbells (Rm 4) <b>12:30 PM</b> -T'ai Chi (Sun Rm) <b>1:00 PM</b> -Liturgy Collators (Lounge) <b>5:30 PM</b> -Basketball (GFH) <b>6:30 PM</b> -Widowed to Widowed (Sun Room) <b>7:00 PM</b> -Choir Rehearsal (Choir Room)	<b>11:30 AM</b> -Our Daily Bread (GFH)	<b>10:00 AM</b> -Prayers & Squares (Room 7)

\* Calendar items are subject to change. Please check the Bulletin insert for updated information. \*

<p style="text-align: right;"><b>20</b></p> <p><b>8:30 AM</b>-Worship  <b>9:45 AM</b>-Christian Education  <b>11:00 AM</b>-Worship</p>	<p style="text-align: right;"><b>21</b></p> <p><b>Good News Deadline</b>  <b>12:00 PM</b>-Souper Seniors (Lounge)  <b>7:00 PM</b>-Book Group (Open Door Books)</p>	<p style="text-align: right;"><b>22</b></p> <p><b>8:00 AM</b>-Renovaré (Lounge)  <b>9:30 AM</b>-Bible Study (Lounge)  <b>11:00 AM</b>-Staff Meeting (Library)</p>	<p style="text-align: right;"><b>23</b></p> <p><b>7:00 PM</b>-Thanksgiving Eve Ecumenical Service (St. Andrew's by the Sea Episcopal)</p> 	<p style="text-align: right;"><b>24</b></p> <p><i>Thanksgiving Day</i>  <b>Church Office Closed</b>  <b>12:00–3:00 PM</b>-Community Thanksgiving Dinner (GFH)</p> 	<p style="text-align: right;"><b>25</b></p> <p><b>Church Office Closed</b></p>	<p style="text-align: right;"><b>26</b></p>
<p style="text-align: right;"><b>27</b></p> <p><i>Advent</i>  <b>9:30 AM</b>- Worship  <b>10:30 AM</b>-Hanging of the Greens (Sanctuary)</p>	<p style="text-align: right;"><b>28</b></p> <p><b>12:00 PM</b>-Souper Seniors (Lounge)</p>	<p style="text-align: right;"><b>29</b></p> <p><b>8:00 AM</b>-Renovaré (Lounge)  <b>9:30 AM</b>-Bible Study (Lounge)  <b>11:00 AM</b>-Staff Meeting (Library)  <b>6:00 PM</b>-Basketball (GFH)</p>	<p style="text-align: right;"><b>30</b></p> <p><b>10:00 AM</b>-Mail Crew (Lounge)  <b>4:00 PM</b>-Feather Kids Music &amp; Movement (Rm 5)  <b>5:00 PM</b>-Feather Kids Music (Rm 5)  <b>6:00 PM</b>-Basketball (GFH)  <b>7:00 PM</b>-Mid-Week Advent Service</p>			

**\* Calendar items are subject to change. Please check the Bulletin insert for updated information. \***

**The following groups meet at the God's Garage**

AA Dawn Patrol–Mon – Fri. 7:00 am, Sat. at 7:15 am  
AA - Grupo La Palma – Mon. Tues. Fri. 7:00 pm  
AA Doctors, Lawyers & Others – Wed. at 8:00 pm  
CA on Cass – Thurs. at 7:30 pm  
AA – 11<sup>th</sup> Step Yoga – Fri. at 8:45 am  
NA the Otherside – Sat. at 7:30 pm  
HA – I.V. League – Sun. 6 pm  
AA PB Beginners – Sun. 8 pm